STUDY SUMMARY Real-Time Diagnosing and Staging of Lung Cancer with nCLE

📕 European Respiratory Journal 🔳

June 2019

Publication Title: NEEDLE-BASED CONFOCAL LASER ENDOMICROSCOPY FOR REAL-TIME DIAGNOSING AND STAGING OF LUNG CANCER

Author Block: L. Wijmans, J. Yared, D. M. de Bruin, S. L. Meijer, P. Baas, P. I. Bonta, and J. T. Annema

STUDY DESIGN

Objective: To prove safety, feasibility, characteristics, and interpretability of needle-based Confocal Laser Endomicroscopy (nCLE) imaging in lung cancer



21 patients with 27 lesions evaluated



Single-center study



nCLE criteria developed for the presence of lung cancer

RESULTS



89.6% accuracy of nCLE imaging for detecting malignancy in metastatic lymph nodes

- 3 nCLE criteria identified for the detection of malignancy:
- 1. Dark enlarged pleomorphic cells
- 2. Dark cell clusters consisting of overlapping cell-structures ("dark clumps")
- 3. The continuous movement of a part of the cells in one direction ("directional streaming")
- Substantial (mean κ-value = 0.70) intra-observer reliability for diagnosing malignancy.
- Substantial (mean κ-value = 0.68) inter-observer agreement overall for the presence of malignancy.

CONCLUSION

Results show that nCLE has the potential to be used as a guidance tool **to identify the optimal** area for biopsy.

nCLE has the potential to be a **real-time feedback technique** for **diagnostic, staging, and treatment procedures** in lung cancer.

Integration of nCLE into the developed robotic bronchoscope navigational technology may result in an **optimal real-time bronchoscope lung cancer detection tool**.